

## Hours-of-Service Rules

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### Handout

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#### Hours-of-Services (HOS) Rules at a Glance

##### Property-carrying commercial motor vehicle (CMV) drivers:

- May not drive more than 11 hours during a 14-hour on-duty period and must have 10 consecutive hours off duty.
- May not drive more than 8 hours without taking a 30-minute break.
- May not drive after having been on duty for 14 hours in any shift.
- May not drive after 60 hours on duty in 7 consecutive days or 70 hours in 8 days.
- Must have 34 consecutive hours off duty after driving 60 or 70 hours.

##### Passenger-carrying CMV drivers:

- May not drive more than 10 hours during a 15-hour on-duty period and must have 8 consecutive hours off duty.
- May not drive more than 8 hours without taking a 30-minute break.
- May not drive after having been on duty for 15 hours in any shift.
- May not drive after 60 hours on duty in 7 consecutive days or 70 hours in 8 days.
- Must have 34 consecutive hours off duty after driving 60 or 70 hours.

##### IMPORTANT NOTE:

- In cases of bad weather, unusual traffic, or other adverse driving conditions, the on-duty period and driving time limit may be extended by up to 2 hours to complete a run or reach a safe place.
- Time spent in a sleeper berth can count as off-duty time.
- Drivers must keep track of their duty status using electronic logging devices.