

## **Delivery Driver Safety**

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### Handout

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#### **Delivery Driver Safety Checklist**

**Do you always:**

- ☐ Perform a walkaround inspection of your vehicle at the start of each shift?
- ☐ Obey traffic and parking rules?
- ☐ Follow the company's cell phone use policy?
- ☐ Drive defensively and expect the unexpected?
- ☐ Maintain a safe distance behind the vehicle in front of you?
- ☐ Check mirrors frequently, signal intentions, and slow down gradually before making stops?
- ☐ Adjust driving to weather and traffic conditions?
- ☐ Use proper lifting and carrying techniques?
- ☐ Use hand trucks safely?
- ☐ Watch out for pinch points (door hinges, roller doors, between objects and surfaces, door frames, narrow passageways, etc.)?
- ☐ Watch where you're going to avoid slip and trip hazards?
- ☐ Take care when climbing in and out of your vehicle?
- ☐ Protect your vehicle from security risks on the job?
- ☐ Protect your personal security by keeping alert and avoiding potentially dangerous situations?
- ☐ Report any threats, robberies, etc., to the police and your employer right away?