

First Aid for Eyes

Handout

Eye Injuries or Splashes Demand Fast Action

For hazardous splashes:

- Go immediately to the closest emergency eyewash.
- Flush eyes for 15 minutes.
- Lift lids to flush under them.
- Get prompt medical attention.

For cuts or punctures:

- Don't try to remove or wash out object stuck in the eye.
- Cover eye lightly with bandage.
- Get emergency medical personnel to transport injured person for medical attention.

For blows:

- Place light cold compress on eye.
- Get prompt medical attention.

For dust or specks:

- Avoid rubbing the eye.
- Lift lid and try to blink object out with tears.
- If tears can't remove object, flush eye at eyewash facility.
- If eyewash can't remove object, bandage eye lightly and get medical attention.

