

Foot Protection

Handout

Careful Selection: The 'Sole' of Foot Protection

All work shoes or boots should have:

- ✓ Good fit, support, and condition
- ✓ Leather, rubber, or a strong synthetic material
- ✓ Good support
- ✓ Low heels
- ✓ Nonskid soles
- ✓ Secure fasteners or laces

Select footwear designed to protect against the hazards of your job:

Hazard	Protection
<ul style="list-style-type: none">• Falling objects or bumps• Punctures• Electrical shock or burns• Wet floors• Cold or damp• Hot floors• Hot metal splashes or welding sparks	<ul style="list-style-type: none">• Reinforced impact-resistant toes or metatarsal foot guards• Metal insoles or reinforced soles• Nonconductive or electrical hazard insulated footwear• Rubber type boots; leather shoes with special soles• Insulated footwear• Heat-resistant soles• Easily removed over-the-ankle spats